## **Greg Larkins**

Marie-Claire Blin <mblin@rslvic.com.au> From: Monday, 31 October 2022 02:19 PM Sent:

Greg Larkins; Colleen Davis To: Subject: Mental Health training

Hello Greg and Colleen,

I hope all is well!

Following the Mental Health First Aid workshop at the Sub-Branch earlier in the year, it was suggested to me that the Sub-Branch may like to host another workshop in 2023.

There are 2 other workshops to choose from and they focus on suicide prevention. 1 course is half a day and the other is 2 days in length.

Like the Mental Health First Aid workshop, participation is open to anyone in the community who provides or could provide support for Veterans and their families.

If you would like to host one of these workshops, please provide a few potential dates and I can start the planning with Open Arms.

Happy to chat,



## **Marie-Claire Blin**

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## We will remember them.

Wear a poppy to say thank you to those who sacrificed so much.

Donate and support veterans and their families.







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